

SERVICES

- Mishnah & Gemara Study
- Better Than a Segulah – Torah study as a merit for success
- Kaddish & Yizkor recital
- Yahrtzeit & Yizkor reminders

PRODUCTS

Books

- The Neshamah Should Have an Aliyah
- Cremation or Burial? A Jewish View
- Mishnas Chayim – Volume I
– Volume II
- Mishnah Memoirs
- I Lost Someone Special
- To Comfort and Be Comforted
- Aliyas Neshamah Curriculum
- Comfort, Courage and Clarity:
– Support Group Handbook
– Book
- The Yahrtzeit Companion
- The Rosh Hashanah Companion

Audio/Visual

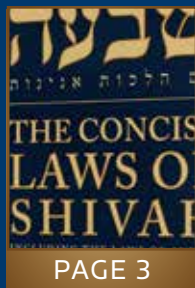
- To Comfort and Be Comforted
– Audiovisual DVD
– Audio MP3
- Mishnah Messages – Audio CD for kids
– Vol I: The Mysterious Benefactor
– Vol II: Off Course
– Vol III: The Midnight Adventure
- Personal Perspectives – Audio CD by R' Aharon Margalit
- Rabbi Nachman Seltzer Audio CD: Reaching Beyond Ourselves
- Shik Mir Pekelach CD **New!**

Blog

- Comfort, Courage & Clarity

Other Publications

- Mishnah Charts for Mourners
- Mishnah Study Reminder Cards
- Final Prayers
- Prayers to Be Said at a Grave
- Hakafos Companion
- Students' Mishnayos Review Charts
- Mishnayos Poster
- Tefillah Card
- Chuppah Card
- Shivah Kit
- Hadlakas Neiros Card
- Hafrashas Challah Card
- Tefillas HaShelah Card
- Parshas HaMan Card
- Aninus Card – English,
– Yiddish, Spanish
- Yizkor Card **New!**
- Burial Service Card **New!**
- Kibbud Av V'eim Magnet
- Condolence Card



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CHEVRAH LOMDEI MISHNAH
NEWS

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New Caregiver Book

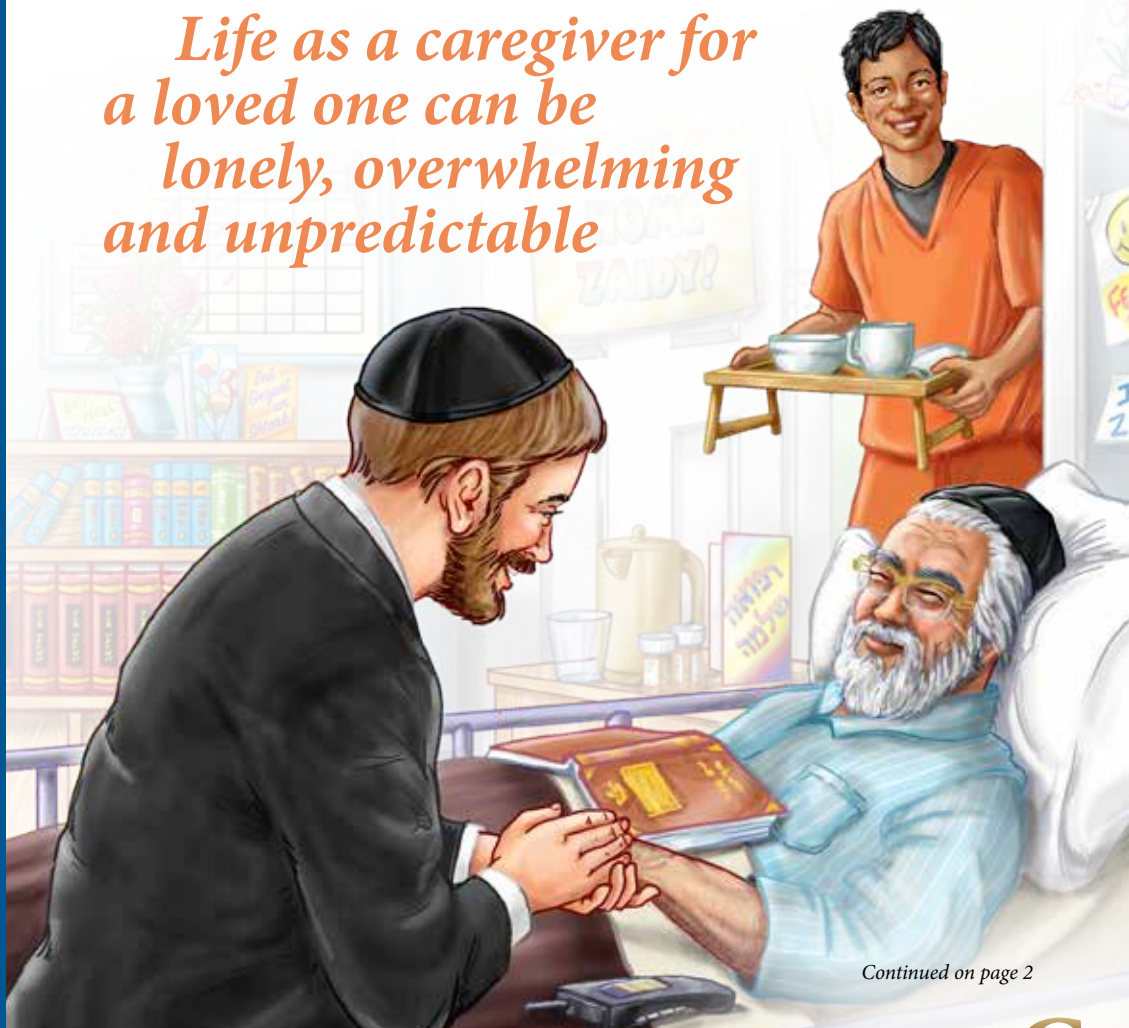
I never knew how aware my mother was that I was now her caregiver. I had taken parenting classes and heard many shiurim about kibbud av v'eim, but to this day I have never heard an explanation of how to take care of a parent as one cares for a child and still exhibit the honor one gives a parent.

One Friday night, as I was helping my mother get ready for bed, she gave a deep sigh. It was unlike her, and I asked her if something was wrong. She looked at me and said, "It's so hard..."

"What's hard, Ma?" I asked.

"It's so hard for you to take care of me."

Life as a caregiver for a loved one can be lonely, overwhelming and unpredictable



Continued on page 2

It was the only time that my mother seemed to be aware that she needed my help. It was the only time she ever expressed it.

“Ma,” I said, “That’s what I’m here for. Whatever you need, I’m here for you. Nothing is hard. I’m your daughter, I’m here for you.”

That seemed to calm her.

I tucked her into bed and she said Shema. Then she said to me, “Goodnight, Mama.”

This poignant memory was related by Mrs. Chaya Leah Rothstein, part of her description of her experience as a caregiver for her elderly mother. It offers but a small glimpse into the emotionally laden challenge that caregiving presents. It is also a portrait that is not often shared. Life as a caregiver for a loved one can be lonely, overwhelming and unpredictable; yet there are so many individuals – professionals, *rabbanim*, and those who have navigated the experience themselves – who can offer support, both practical and emotional, to these courageous and dedicated caregivers.

Until now, however, no single book was available to offer guidance and *chizzuk* to *frum* caregivers. When Rabbi Elchonon Zohn, Director of the National Association of Chevrah Kadisha (NASCK), asked that we fill this need, it struck a chord with various staff members who themselves have dealt with this challenge. It also dovetailed with many of our other projects that offer support to those facing end-of-life situations. The result of Rabbi Zohn’s suggestion is *When Caring Counts Most: A Guide*

for Jewish Caregivers. This soon-to-be-released anthology takes a multi-pronged approach to the caregiving challenge: it includes the Torah perspective on caregiving; practical, hands-on guidance about the medical, physical and emotional aspects of caregiving; personal accounts; advice and legal guidance; and a review of end-of-life challenges. The articles were written by rabbis, doctors, lawyers, mental-health professionals and laypeople, including Rabbi Paysach Krohn, Rabbi Eytan Feiner, Rabbi Moshe Meir Weiss, Rabbi Efreim Goldberg, Dr. Howard Leibowitz, Mrs. Rachel Schmidt, LCSW, Libi Astaire, Mr. Mark J. Kurzmann, Esq., and many others.

Until now, no single book was available

In addition, the book includes a most valuable resource for anyone bringing an aide into their home to help care for a loved one: the pamphlet *Welcome to our Jewish Home: The Home Health Aide’s Guide to Basic Jewish Laws and Customs*, which received the *haskamah* of Rabbi Yisroel Belsky, *zt”l*. This clearly written handbook can guide the aide and help the caregiver to be as comprehensive as possible when instructing the aide in caring for their loved one.

It is our hope that *When Caring Counts Most* will empower, uplift and encourage caregivers, thereby helping them in their challenging role – and by extension, helping their loved one to receive the best care possible.

To get your copy of *When Caring Counts Most: A Guide for Jewish Caregivers*, call (732) 364-7029 or visit www.ChevrahLomdeiMishnah.org



Starting the Day Right

In the earliest hours of the morning, when many are still fast asleep, a dedicated group of *talmidei chachamim* gathers, energized and ready to delve into their daily *seder* in *mishnayos Taharos*. This unique *chaburah* is the Chevrah Lomdei Mishnah morning Kollel, Zichron Avrohom Yitzchok. Founded eight years ago, participants initially learned a variety of subjects, with the unifying factor being that the learning took place before the 6:45AM *minyan* at the Coventry Shul in Lakewood. Today, that group has evolved into a cohesive *chaburah* learning a single *limud*; the fact that everyone is on the same page has enhanced the experience for everyone.

Participants attest that there is so much they gain here. They value the motivation to learn before *davening*, at a time when

most people do not manage to fit in another *seder*. But more than that, members of the group have discovered a whole new world of learning as they delve into this uncommon *limud* alongside their very capable peers.

Each week the *kollel* members complete another *perek*, so that by the week's end, they emerge with a clear understanding of the material, while still moving along at an impressive pace. Participants also benefit from the *chaburahs* presented by their erudite *rosh chaburah*. Their goal is to complete the entire *seder Taharos*. And after that? The other five *sedarim* of *mishnayos* await!

For Kollel Zichron Avrohom Yitzchok dedication opportunities, call (732) 364-7029 or email info@ChevrahLomdeiMishnah.org.

The Concise Laws of Shivah Including the Laws of Aninus

Yitzchak's father had just passed away. The days of shivah were emotion-laden, hectic, exhausting – and oftentimes, confusing as well. So many halachos needed to be observed, but there was so little time to consult with a rav – and in many cases, the sefarim Yitzchak consulted did not offer a definitive pesak halachah.

Yitzchak's experience is quite common. Often during the hectic days of *shivah*, the *aveil* does not have the time or wherewithal to determine the answers to the numerous questions that arise. Furthermore, *aveilim* become frustrated when they consult the *sefarim* and books that address the laws of *aveilus* and find that they are none the wiser about what *to do* (or not to do), as there are disagreements amongst the *halachic* authorities in so many areas.

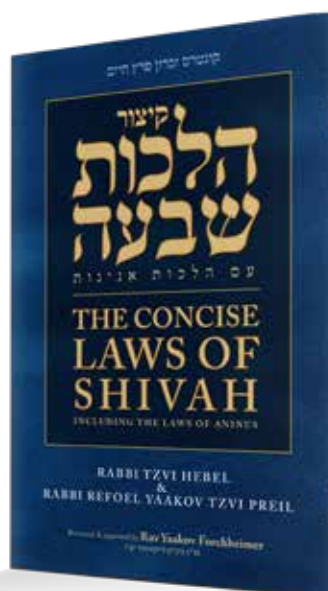
Two years ago, Chevrah Lomdei Mishnah published *Kitzur Hilchos Aninus: Basic Laws of Aninus*, which is presently available in three languages (English, Yiddish, and Spanish), besides the original Hebrew. These booklets are available free of charge from Chevrah Lomdei Mishnah and thousands have already been disseminated. When we saw how well-received this publication was, we realized it would be very helpful to publish a similar-style compilation of *hilchos aveilus*, specifically geared for the *aveil* to

consult during the days of *shivah*.

Rabbi Tzvi Hebel, author of *The Neshamah Should Have an Aliyah*, was the perfect candidate to author this work, both the Hebrew version and its English translation. We were very fortunate to then secure the involvement of Rabbi Yaakov Forchheimer, senior *posek* in Beth Medrash Govoha of Lakewood. A capable *talmid chacham* who edited the text presented Rabbi Hebel's writings to Rabbi Yaakov Forchheimer for review and did further research for even greater clarity when Rabbi Forchheimer deemed it necessary. Besides ensuring *halachic* accuracy, Rabbi Forchheimer placed great emphasis on finalizing with a conclusive *pesak halachah*.

The end result is an easily understandable pamphlet of *hilchos aveilus* to be used during the days of *shivah*, a most valuable commodity that can alleviate much uncertainty and aggravation during what is already an emotionally trying time.

To obtain your copy of *The Concise Laws of Shivah, Including the Laws of Aninus*, call (732) 364-7029 or email info@ChevrahLomdeiMishnah.org.



No More Fumbling through the Pages



Yizkor Card

Includes the *Yizkor* and *Keil Malei* prayers, along with basic instructions in English for when and how to properly recite these prayers for one's deceased parent(s).



The Complete Burial Service

This compact, durable, tri-fold includes all prayers to be recited by both mourners and participants and clear, detailed instructions in Hebrew and English.

Chevros Kaddisha can order these in bulk and have each pamphlet imprinted with their logo.

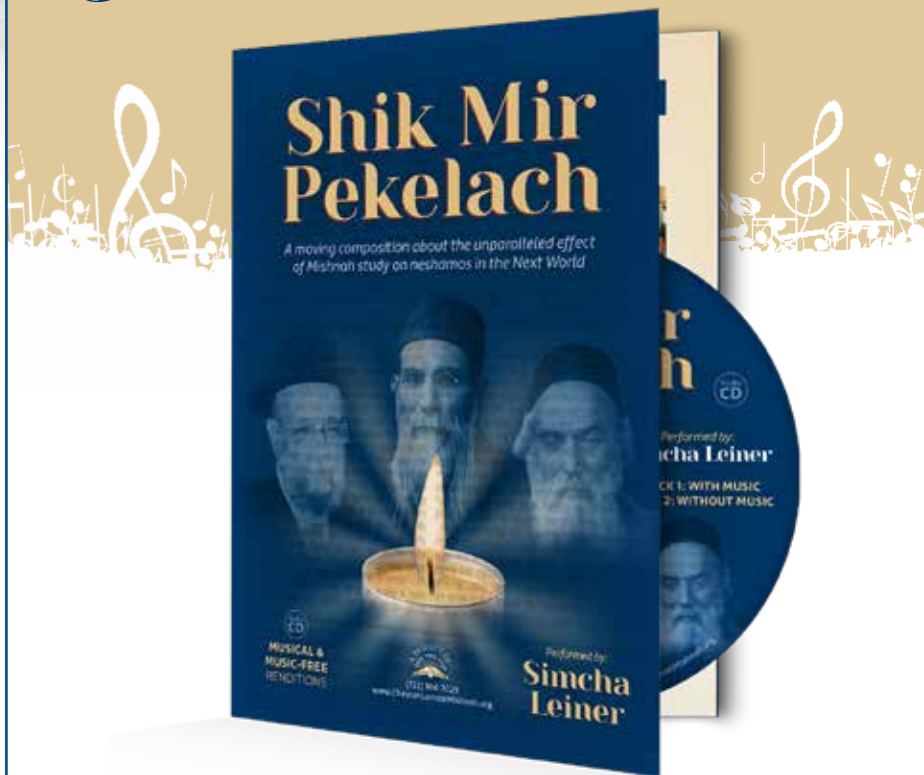


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Just Released!



Song

A moving musical composition about the unparalleled effect of Mishnah study on *neshamos* in the next world. Performed by world-renowned singer Simcha Leiner.

The CD also includes a music-free version of the song, enabling those who are currently unable to listen to music to benefit from its inspirational message.

To obtain your copy of any of these items for free, please call (732) 364-7029 or email info@ChevrahLomdeiMishnah.org.